

Memory Cafes in the Washington DC/Maryland/Northern Virginia area
Please note: it is important to call ahead as many require RSVPs
(this document updated as of 8/1/17)

Washington DC

Iona Senior Services

5th Friday from 5 – 7 pm
4125 Albemarle St.
Washington DC 20016-2105
Sharon O'Connor at soconnor@iona.org or 202-895-9469

Club Memory (Sibley Hospital Senior Association)

2nd and 4th Wednesday from 1:30 – 3:30 pm
Held at Metropolitan Methodist Church
3401 Nebraska Ave NW
Washington DC 20016
Sibley Senior Association 202-660-5658
or Marti Bailey or Ann Gosling at 202-364-7602

Note: Club Memory is expanding to DC Wards 1, 4, 5, 6, 7 and 8. Please call them for more information.

Conversations at the Kreeger Museum

2nd and 3rd Monday at 11 am or 2 pm
2401 Foxhall Rd NW
Washington DC 20007
202-337-3050 ext. 18 or conversations@kreegermuseum.org

Northern Virginia

Memorycafe4u

1st and 3rd Thursday from 2 - 4 pm
Andrew Chapel United Methodist Church
1301 Trap Rd
Vienna VA 22182
<https://memorycafe4u.wordpress.com>
Carol Blackwell at lovriver@aol.com or 571-236-6933

Insight Memory Cafe

1st and 3rd Wednesday from 4 – 6 pm
Linda and Lou Mazawey Education and Support Center
3955 Pender Dr., Suite 100
Fairfax VA 22030
Christi Clark at Christi.clark@insightmcc.org or 703-204-4664

Forgetful Friends Memory Café

3rd Saturday from 11:00 am to 2:30 pm
Saint Thomas United Methodist Church
8899 Sudley Road
Manassas VA 20110
Jane Priest at jane.priest@alz.org or 703-766-9018

Herndon Memory Cafe

4th Monday from 2:15 pm to 4:00 pm

Early Stage Participants

Herndon Senior Center

873 Grace Street

Herndon VA 20170

Pat Williams at 703-904-3994x103 or Herndon Senior Center at 703-464-6200

Reston Memory Café

3rd Tuesday from 1:00 to 3:00 pm

Reston Community Center, Hunters Woods

2310 Colts Neck Road

Reston, VA 20191

Karen Brutsche at karen.brutsche@fairfaxcounty.gov or 703-476-4500

Sterling Area Memory Café

2nd Saturday from 12:00 to 2:00 pm - bring your lunch!

Galilee United Methodist Church

45425 Winding Road (Youth Center)

Sterling, VA 20165

Contact Tim Frank at tim@acesemb.com or 703-298-5622

Dee Stuebing at 571-243-6199

Maryland (all)**Frederick County Department of Aging**

3rd Friday 11:30 am – 12:30 pm

Frederick Senior Center

1440 Taney Ave.

Frederick, MD 21702

Mindy or Mary 301.600.6001

City of Greenbelt Memory Café

Every Wednesday 1:30 – 3:00 pm

Greenbelt Municipal Building

25 Crescent Rd.

Greenbelt, MD 20770

Sharon Johnson at 240.542.2029 or sjohnson@greenbeltmd.gov

Nacy Quarles at nquarles@alz.org or 240-467-3833

Always Ron's Restaurant

4th Thursday Noon – 1:00 PM

29 North Burhans Blvd.

Hagerstown, MD 21740

301.639.3166

Memory Cafe at Woodholme Gardens

1700 Woodholme Ave.

Pikesville, MD 21208

Yolanda Wright, Alzheimer's Association at ywright@alz.org

Rockville Senior Center

1st and 3rd Mondays, 12 – 1 pm

1150 Carnation Dr.

Rockville MD 20850

Lindsey Vajpeyi at lvajpeyi@alz.org or 240-428-1342

Bender JCC of Greater Washington

3rd Wednesdays, 2:30 – 4 pm

6125 Montrose Rd.

Rockville MD 20852

Lindsey Vajpeyi at lvajpeyi@alz.org or 240-428-1342

Leisure World of Maryland

Last Thursday of each month, 2 – 3:30 pm

3700 Rossmoor Blvd

Silver Spring MD 20906

Lindsey Vajpeyi at lvajpeyi@alz.org or 240-428-1342

Damascus Senior Center

Tuesdays (June 6, July 11 and August 8) 10:45 am – 12:15 pm

9701 Main St. # 2

Damascus MD 20872

Lindsey Vajpeyi at lvajpeyi@alz.org or 240-428-1342

Olney Library

4th Wednesdays, 3:30 – 5 pm

3500 Olney Laytonsville Rd

Olney MD 20832

Lindsey Vajpeyi at lvajpeyi@alz.org or 240-428-1342

Ledo Pizza Germantown

2nd Tuesdays 2:30 – 4 pm

Germantown Square Shopping Center

12619-B Wisteria Dr.

Germantown MD 20874

Lindsey Vajpeyi at lvajpeyi@alz.org or 240-428-1342

Bowie Senior Center

3rd Wednesdays 2 – 4 pm

14900 Health Center Drive

Bowie MD 20716

Nacy Quarles at nquarles@alz.org or 240-467-3833

Camp Springs Senior Center

3rd Tuesdays, 2:15 – 4:15 pm

6420 Allentown Rd.

Temple Hills MD 20748

Nacy Quarles at nquarles@alz.org or 240-467-3833

Laurel-Beltsville Senior Center

4th Thursdays, 2 – 4 pm

7120 Contee Road

Laurel MD 20707

Nacy Quarles at nquarles@alz.org or 240-467-3833

Saint George's Episcopal Church, Parish House

4th Wednesday, 2 – 4 pm

12811 Saint George's Lane

Mt. Savage MD 21545

301-264-3524

Pascal Senior Center

3rd Monday, 6:30 - 7:30 pm
125 Dorsey Rd.
Glen Burnie MD 21061
Yolanda Wright, ywright@alz.org or 800-272-3900

Atrium Village

4th Wednesday 12 – 1 pm
4730 Atrium Court
Owings Mills MD 21117
Yolanda Wright, ywright@alz.org or 800-272-3900

Bob Evans Bel Air

2nd Tuesday, 12 – 1 pm
14 Bel Air S. Parkway
Bel Air MD 21015
Yolanda Wright, ywright@alz.org or 800-272-3900

Ellicott City 50+ Center (Multipurpose Room)

1st Wednesday, 6:30 – 7:30 pm
9401 Frederick Rd.
Ellicott City MD 21042
Yolanda Wright, ywright@alz.org or 800-272-3900

Bayleigh Chase AL

3rd Wednesday 11:30 am – 12:30 pm
545 Cynwood Dr.
Easton MD 21601
Tina Saddler at 410-820-5000

Otterbein UM Church

5th Thursday, 12 -1 pm
108 E. Franklin St.
Hagerstown MD 21740
David Kukor at dkukor@ahcglobal.com or 301-631-3166

Other programs

Just Us at the National Gallery of Art
West building, 6th street entrance
First and third Mondays of the month through July 2017
202-842-6905
<https://www.nga.gov/content/ngaweb/calendar/guided-tours/accessible-programs/just-us-at-the-nga.html>

Social Club at the Copper Ridge Bistro
2nd Tuesday, 6 -8 pm
Integrace-Copper Ridge
710 Olbrecht Rd.
Sykesville MD 21784
Cindy Yingling cindy.yingling@integrace.org or 410-970-2041