

Memory Cafes in the Washington DC/Maryland/Northern Virginia area

Please note: it is important to call ahead as many require RSVPs
(this document updated as of 9/17/19)

Washington DC

Iona Senior Services
Fifth Friday from 5 – 7 pm
4125 Albemarle St.
Washington DC 20016-2105
Sharon O'Connor Registration@iona.org or 202-895-9469

Club Memory (Sibley Hospital Senior Association)
Second and Fourth Wednesday from 1:00 – 3:00 pm
Held at Metropolitan Methodist Church
3401 Nebraska Ave NW
Washington DC 20016
202-660-5658

Club Memory
Sibley Hospital Main Campus Cafeteria Meeting Room
2nd and 4th Wednesdays of each month, 2:00 – 3:30 PM
5255 Loughboro Rd. NW
Washington, DC 20016
202.364.7602

Please contact one of the community dementia program managers for more information about Club Memory and support groups in the DC area:
Marianne Panke at 202-660-7104 for the program serving Wards 2 & 3, southern Montgomery County and Northern Virginia.
Sharon Sellers 202-660-6957 or Shruti Goel 202-660-5664 for all other program locations in District of Columbia.

Conversations at the Kreeger Museum
Second and third Monday at 11 am or 2 pm
2401 Foxhall Rd NW
Washington DC 20007
202-337-3050 ext. 318 or conversations@kreegermuseum.org

Just Us at the National Gallery of Art
West building, Sixth Street entrance
First and third Mondays of the month
202-842-6905 Reservations required

<https://www.nga.gov/content/ngaweb/calendar/guided-tours/accessible-programs/just-us-at-the-nga.html>

Virginia

Alexandria

4th Tuesday of each month, 1:00 – 3:00 PM

Brandywine Living at Alexandria

5550 Cardinal Place

Alexandria, VA 22301

There is no cost to attend, but an RSVP is requested

Nicole McMonigle Knight, Facilitator at nicole@dementiacareconnections.com

Senior Helpers Arlington-Alexandria

1st Friday of each month, 1:00 – 3:00 PM

7910 Andrus Rd, Suite 6

Alexandria, VA 22306

There is no cost to attend, but an RSVP is requested

Nicole McMonigle Knight, Facilitator at nicole@dementiacareconnections.com

Arlington

Rock Spring Congregational Church, Upper Neighborhood House

2nd Thursday of each month, 1:00 – 3:00 PM

5010 Little Falls Road

Arlington, VA 22207

There is no cost to attend, but an RSVP is requested

Brought to you by Dementia Care Connections

For more information or to RSVP, Nicole McMonigle Knight, Facilitator:

Email: nicole@dementiacareconnections.com or 571.422.6231

Ashburn

Waltonwood at Ashburn

4th Wednesday of each month, 11:00 AM – 1:00 PM

44141 Russell Branch Pkwy

Ashburn, VA 20147

For more information, please call 571.266.1810

Culpeper

Country Cookin'

2nd Wednesday of each month; please call for times

247 Southgate Shopping Center

Culpeper, VA 22701

For more information, please call Jessica Nolan at 434.973.6122 x123 or Email

jemiller@alz.org

Fairfax

Insight Memory Cafe

First and third Wednesday from 4 – 6 pm

Linda and Lou Mazaway Education and Support Center

3955 Pender Dr., Suite 100

Fairfax VA 22030

Markita Brown Phone: 703.204.4664 or markita.brown@insightmcc.org

Falls Church

The Kensington Falls Church at Famille Cafe

2nd & 4th Monday of each month, 10:30 AM – Noon

700A West Broad Street

Falls Church, VA 22046

There is no cost to attend and if you RSVP, you get a boxed lunch!

A collaborative effort between:

Kensington Senior Living

Famille Cafe

Falls Church Arts

Insight Memory Care Center

For more information or to RSVP, please contact Kitty Janney:

– Email: kjanney@kensingtonsl.com or Phone: 703.844.1078

Herndon

Herndon Memory Cafe

4th Monday from 2:15 pm to 4:00 pm

Early Stage Participants

Herndon Senior Center

873 Grace Street

Herndon VA 20170

Pat Williams at 703-904-3994x103 or Herndon Senior Center at 703-464-6200

Manassas

3rd Saturday from 11:00 am to 2:30 pm

Saint Thomas United Methodist Church

8899 Sudley Road

Manassas VA 20110

Jane Priest at jane.priest@alz.org or 703-766-9018

Palmyra

Fluvanna County Public Library

3rd Wednesday of each month, 3:00 – 4:00 PM

214 Commons Blvd.

Palmyra, VA 22963

Reservations are required

For more information or to make a reservation, please call Lauren at 434.973.6122 x8506 or Deasy-Ideasy@alz.org

Reston

Reston Memory Café

3rd Tuesday from 2:00 to 4:00 pm

Reston Community Center, Hunters Woods

2310 Colts Neck Road

Reston, VA 20191

Karen Brutsche at karen.brutsche@fairfaxcounty.gov or 703-476-4500

Sterling

Sterling Area Memory Café

2nd Saturday from 12:00 to 2:00 pm - bring your lunch!

Galilee United Methodist Church

45425 Winding Road (Youth Center)

Sterling, VA 20165

Contact Tim Frank at tim@acesemb.com or 703-298-5622

Dee Stuebing at 571-243-6199

Vienna

First and third Thursday from 2 - 4 pm

Andrew Chapel United Methodist Church

1301 Trap Rd

Vienna VA 22182

<https://memorycafe4u.wordpress.com>

Carol Blackwell at lovriver@aol.com or 571-236-6933

Williamsburg

Williamsburg Regional Library

3rd Friday of each month, 2:00 – 3:30 PM

515 Scotland Street

Williamsburg, VA 23185 or

7770 Croaker Road

Williamsburg, VA 23188

Memory Cafes rotate between locations

Please visit wrl.org for specific program location

For more information, please call 757.259.7752

Woodbridge

Tribute at the Glen

4th Wednesday of each month, 5:30 – 6:30 PM,

4151 Old Bridge Rd.

Woodbridge, VA 22192

There is no cost to attend and no RSVP is required

For more information, please call 571.402.1870

Maryland

Bel Air

Bob Evans Bel Air
Second Tuesday, 12 – 1 pm
14 Bel Air S. Parkway
Bel Air MD 21015
Yolanda Wright, ywright@alz.org or 800-272-3900

Memory Café at Liberatore's Ristorante
second Tuesday of every month, 6:00 - 7:00pm
562 Baltimore Pike, Bel Air, MD 21014
Contact Jen Bourgeois, Executive Director of Brightview Bel Air. 410-893-2202

Bethesda

Oasis at Macy's Home Store
1st Friday, 2-3:30 pm
7125 Democracy Blvd
Bethesda MD 20817
Contact Sheila Griffith at 240-428-1342 or sagriffith@alz.org

Bowie

Bowie Senior Center
2:00 – 4:00 PM, 3rd Wednesday of each month
14900 Health Center Drive
Bowie MD 20716
Nancy Quarles at nquarles@alz.org or 240-467-3833

Camp Springs

Camp Springs Senior Activity Center
3rd Tuesday of each month, 2:15 – 4:15 PM
6420 Allentown Road
Camp Springs, MD 20748
For more information or to register, please contact:
– Nancy Quarles at 240.467.3833 or nquarles@alz.org

Easton

Bayleigh Chase Assisted Living
Third Wednesday 11:30 am – 12:30 pm
545 Cynwood Dr.
Easton MD 21601

Tina Saddler at 410-820-5000

Ellicott City

Ellicott City 50+ Center (Multipurpose Room)
First Wednesday, 6:30 – 7:30 pm
9401 Frederick Rd.
Ellicott City MD 21042
Yolanda Wright, ywright@alz.org or 800-272-3900

Frederick

Frederick County Department of Aging
3rd Friday 11:30 am – 12:30 pm
Frederick Senior Center
1440 Taney Ave.
Frederick, MD 21702
Contact Cathy Hanson chanson@alz.org. To RSVP, call 301-600-6001

Glen Burnie

Pascal Senior Center
Third Monday, 6:30 - 7:30 pm
125 Dorsey Rd.
Glen Burnie MD 21061
Yolanda Wright, ywright@alz.org or 800-272-3900

Greenbelt

City of Greenbelt Memory Café
1:30 – 3:30 pm every other Wednesday of the month
Greenbelt Municipal Building
25 Crescent Rd.
Greenbelt, MD 20770
Nancy Quarles at nquarles@alz.org or 240-467-3833
or Greenbelt CARES at 301.345.6660

Hagerstown

Always Ron's Restaurant
4th Thursday Noon – 1:00 PM
29 North Burhans Blvd.
Hagerstown, MD 21740
301.639.3166
To confirm, contact Dave Kukor 301-639-3166.

Otterbein UM Church
Fifth Thursday, 12 -1 pm
108 E. Franklin St.
Hagerstown MD 21740

David Kukor at dkukor@ahcglobal.com or 301-631-3166

Laurel

Laurel-Beltsville Senior Center

Fourth Thursdays, 2 – 4 pm

7120 Contee Road

Laurel MD 20707

Nancy Quarles at nquarles@alz.org or 240-467-3833

Mount Airy MD

Mount Airy Senior and Community Center Memory Cafe

703 Ridge Road

To register, call Nancy Ensor at 410-386-3833.

Mt. Savage

Saint George's Episcopal Church, Parish House

Fourth Wednesday, 2 – 4 pm

12811 Saint George's Lane

Mt. Savage MD 21545

301-264-3524

Olney

Olney Library

4th Wednesdays, 3:30 – 4:30 pm

3500 Olney Laytonsville Rd

Olney MD 20832

Pre-registration is required, contact Sheila Griffith 240-844-3608 or sagriffith@alz.org.

Owings Mills

Atrium Village

Fourth Wednesday 12 – 1 pm

4730 Atrium Court

Owings Mills MD 21117

Yolanda Wright, ywright@alz.org or 800-272-3900

Oxon Hill

St. Paul United Methodist Church

1st and 3rd Wednesdays of each month, 1:00 PM

6634 St. Barnabus Road

Oxon Hill, MD 20745

– Brenda Henderson at 301.567.4433 or brendahenderson@comcast.net

Pikesville

Memory Cafe at Woodholme Gardens

1700 Woodholme Ave.

Pikesville, MD 21208

contact Yolanda Wright, Alzheimer's Association at ywright@alz.org for dates

Rockville

Rockville Senior Center

First and third Mondays, 12 – 1 pm

1150 Carnation Dr.

Rockville MD 20850

Contact Sheila Griffith at 240-428-1342 or sagriffith@alz.org

Silver Spring

Leisure World of Maryland

Last Thursday of each month, 2 – 3:30 pm

3700 Rossmoor Blvd

Silver Spring MD 20906

Contact Sheila Griffith at 240-428-1342 or sagriffith@alz.org

White Oak Community Recreation Center

2nd Thursday 10-11:30 am

1700 April Ln

Silver Spring MD 20904

Contact Sheila Griffith at 240-428-1342 or sagriffith@alz.org

Sykesville

Social Club at the Copper Ridge Bistro

Second Tuesday, 5:30 - 8 pm

Integrace-Copper Ridge

710 Olbrecht Rd.

Sykesville MD 21784

Cindy Yingling cindy.yingling@integrace.org or 410-970-2041

Temple Hills

Camp Springs Senior Center

Third Tuesdays, 2:15 – 4:15 pm

6420 Allentown Rd.

Temple Hills MD 20748

Nancy Quarles at nquarles@alz.org or 240-467-3833